Name Date S	SSN
Home Ph. Cell Ph.	
Home Ph Cell Ph Address City State	Zip Sex M F
Age Birth Date Marital Status M S W D Hov	w many children?
Occupation Employer Off	fice Ph
Work AddressEmail Address_	
Name of Spouse Occupation Em	ployer
Who may we thank for referring you?	
Have you had chiropractic care? Yes No If so, who was the doctor and when?_	
Would you like to receive Email Reminders Text Reminders, Cellular Carrier: _	
Please list your most recent traumas (auto accidents, major falls, sport injuries, etc.):	
1 Date:	
2 Date:	
3 Date:	
PRIMARY CONDITION – PLEASE DESCRIBE ONE AREA OF COMPLAINT Please describe your primary complaint:	
When did it start? Have you had it in the past: Y N When:	— Please mark your areas of
Please check the appropriate box: The pain is constant it comes and goes	pain on the figure below
On a scale from 1-10 with 10 being the worst circle the level of pain: 1 2 3 4 5 6 7 8 9 10	++ Sharp/Stabbing ## Burning
Please check the box(es) that best describes the pain: Sharp/Stabbing Pain Burning Dull Pain Tingling Numbness Restriction Other	XX Tingling/Numb 00 Dull
Does your pain travel from the point of pain? \[Y \] N If yes, where:	1 () 4/
What makes it better? Chiropractic Ice Heat Massage Medication	
Resting Standing Walking Lying Down Other	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
What makes it worse? Bowel Movements Breathing Coughing Driving	
☐ Sitting ☐ Lying Down ☐ Sneezing ☐ Walking ☐ Working ☐ Other	w \ \ \ w w w
Have you missed any school/work due to this complaint? Y N	L \
Is this the result of an automobile accident: \square Y \square N Work related injury: \square Y \square N	\0\ \0\
If yes, to either question above, please explain:	ψυ <i>ζ</i> λΣ
Have you received any other treatment for this condition: Y N If yes, indicate treatmen	t Chiropractic Dehysical
Therapy Surgery Other Doctor's Name who provided Treatment:	
*DOCTOR USE ONLY:	
SECONDARY CONDITION – (if applicable)	
Please describe your secondary complaint:	
When did it start? Have you had it in the past: Y N When:	
Please check the appropriate box: The pain is constant it comes and goes	pain on the figure below
On a scale from 1-10 with 10 being the worst circle the level of pain: 1 2 3 4 5 6 7 8 9 10	++ Sharp/Stabbing ## Burning
Please check the box(es) that best describes the pain: Sharp/Stabbing Pain Burning	XX Tingling/Numb 00 Dull
Dull Pain Tingling Numbness Weakness Restriction Other	
Does your pain travel from the point of pain? Y N If yes, where:	
What makes it better? Chiropractic Ice Heat Massage Medication	$\overline{}$
Resting Sitting Standing Walking Lying Down Other	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
What makes it worse? Bowel Movements Breathing Coughing Driving	
☐ Sitting ☐ Lying Down ☐ Sneezing ☐ Walking ☐ Working ☐ Other	
Have you missed any school/work due to this complaint? Y N	L (()) R R () L
Is this the result of an automobile accident: \(\sum \cdot \) \(\sum \cdot \) Work related injury: \(\sum \cdot \) \(\sum \cdot \)) § () § (
If yes, to either question above, please explain:	
Have you received any other treatment for this condition: Y N If yes, indicate treatmen Therapy Surgery Other Doctor's Name who provided Treatment:	t Chiropractic Physical
*DOCTOR USE ONLY:	

ADDITIONAL CONDITION – (if Please describe your additional			
Please check the appropriate both On a scale from 1-10 with 10 be Please check the box(es) that be Dull Pain Tingling Number Travel from the public What makes it better? Chirology Resting Sitting Stand What makes it worse? Bowe	x: The pain is constant ing the worst circle the level of est describes the pain: Shambness Weakness Foint of pain? Y N If practic Ice Heat N ing Walking Lying Do I Movements Breathing [_ neezing Walking Work due to this complaint? e accident: Y N Wo	of pain: 1 2 3 4 5 6 7 8 9 10 narp/Stabbing Pain Burning Restriction Other yes, where: Massage Medication own Other Coughing Driving rking Other Y N rk related injury: Y N	pain on the figure below ++ Sharp/Stabbing ## Burning XX Tingling/Numb 00 Dull
	Doctor's	Y N If yes, indicate treatment [s Name who provided Treatment:	
Activities of Daily Living: Plathing Bending Brushing teeth Caring for family Carrying items Changing of pos. Climbing stairs Computer use Concentration	Cooking Daily pet care	that are affected by your cur Laying down Lifting items Reading Reaching Running Shaving Showering Sexual activities	rent complaint. Sleeping Sneezing Sports Static sitting Static standing Washing body/hair Work activities Yard work
be caused by the medications 1 2 Nutrients: Please list all nutr supplementation. If you desire	you are taking. If you des 3. 4. ients you are currently take this evaluation please bri	tly taking. We offer information as ire this information please inform 5 6 ing. We offer to evaluate the form ng your nutrients on your next vis 5 6	your doctor. 7 8 nulations of your
cycle? Is there a	any chance you are pregna	les? ☐ Y	ny weeks?

Family History: Insert age and check any box that applies

Self	Colt	Age (if living)	Heart Dx	High Cholest	High BI Pressure	Diabetes	Cancer	Anemia	Neck Pain	Low Bck Pain	Carpal Tunnel	Head aches	Obesity
Dad Brother Sister Other Doctor's Use Only: LIFESTYLE: Your lifestyle, diet and exercise habits play an extremely important role in your overall health and risk disease. The following questions are designed to help us understand your habits, desires as well as commitments changes to those habits if necessary. Diet: 1. How much water do you drink a day?8-oz. glasses. What kind? Tap Filtered Distilled 2. How many times do you eat fast food each week?		\											
Brother Sister Doctor's Use Only: Doctor's Use													
LIFESTYLE: Your lifestyle, diet and exercise habits play an extremely important role in your overall health and risk disease. The following questions are designed to help us understand your habits, desires as well as commitments changes to those habits if necessary. Diet: 1. How much water do you drink a day?8-oz. glasses. What kind? Tap Filtered Distilled 2. How many times do you eat fast food each week?													
Clifer Doctor's Use Only: LIFESTYLE: Your lifestyle, diet and exercise habits play an extremely important role in your overall health and risk disease. The following questions are designed to help us understand your habits, desires as well as commitments changes to those habits if necessary. Diet: 1. How much water do you drink a day?													
LIFESTYLE: Your lifestyle, diet and exercise habits play an extremely important role in your overall health and risk disease. The following questions are designed to help us understand your habits, desires as well as commitments changes to those habits if necessary. Diet: 1. How much water do you drink a day?8-oz. glasses. What kind? Tap Filtered Distilled 2. How many times do you eat fast food each week?													
disease. The following questions are designed to help us understand your habits, desires as well as commitments changes to those habits if necessary. Diet: 1. How much water do you drink a day?8-oz. glasses. What kind? Tap Filtered Distilled 2. How many times do you eat fast food each week? 3. Y N Do you drink caffeinated beverages? If yes, what kind and how many daily? 4. Y N Do you drink alcohol? If yes, what kind and how many drinks a week? 5. Y N Do you smoke? If yes, how many packs a day? 6. Y N Do you have any food allergies? If yes, please name: 7. How many servings of fruits & vegetables are you eating a day? 0 1 2 3 4 5 6 7 8 9 10 1 medium fruit = 1 serving 1 cup raw vegetables = 1 serving Body Composition and Exercise: 1. Y N Are you at your ideal weight? Current Weight If no, what is your desired weight? 2. Y N Are you interested in weight management? 3. Y N Do you engage in any cardiovascular exercise (e.g. aerobics, walking, swimming, etc.)?													
Body Composition and Exercise: 1. Y N Are you at your ideal weight? Current Weight If no, what is your desired weight? 2. Y N Are you interested in weight management? 3. Y N Do you engage in any cardiovascular exercise (e.g. aerobics, walking, swimming, etc.)? If yes, which activities? Days Per Wk Duration 4. Y N Do you do any form of resistance exercises (lift weights) on a consistent basis? Days per week 5. Y N Do you ever experience pain after exercising? If yes, where? Type of Pain 6. Y N Do you participate in any sports? If yes, which ones? Commitment and Goals: 1. On a scale of 1 to 10, what level of stress do you experience daily? 1 2 3 4 5 6 7 8 9 10 2. On a scale of 1 to 10, what is your commitment to making a lifestyle improvement? 1 2 3 4 5 6 7 8 9 10 3. What are your health goals for the next 6 months? Primary Care Physician: Physician Phone #:	disease. 7	The followin	g quest	ions are									
2. How many times do you eat fast food each week?													
3. Y N Do you drink caffeinated beverages? If yes, what kind and how many daily? 4. Y N Do you drink alcohol? If yes, what kind and how many drinks a week? 5. Y N Do you smoke? If yes, how many packs a day? 6. Y N Do you have any food allergies? If yes, please name: 7. How many servings of fruits & vegetables are you eating a day? 0 1 2 3 4 5 6 7 8 9 10 1 medium fruit = 1 serving 1 cup raw vegetables = 1 serving Body Composition and Exercise: 1. Y N Are you at your ideal weight? Current Weight If no, what is your desired weight? 2. Y N Are you interested in weight management? 3. Y N Do you engage in any cardiovascular exercise (e.g. aerobics, walking, swimming, etc.)? If yes, which activities? Days Per Wk Duration 4. Y N Do you do any form of resistance exercises (lift weights) on a consistent basis? Days per week 5. Y N Do you ever experience pain after exercising? If yes, where? Type of Pain 6. Y N Do you participate in any sports? If yes, which ones?								kind? Ta	ap Filte	red Dis	tilled		
4. Y N Do you drink alcohol? If yes, what kind and how many drinks a week? 5. Y N Do you smoke? If yes, how many packs a day? 6. Y N Do you have any food allergies? If yes, please name: 7. How many servings of fruits & vegetables are you eating a day? 0 1 2 3 4 5 6 7 8 9 10 1 medium fruit = 1 serving								d la au		0			
5. Y N Do you smoke? If yes, how many packs a day?													
6. Y N Do you have any food allergies? If yes, please name: 7. How many servings of fruits & vegetables are you eating a day? 0 1 2 3 4 5 6 7 8 9 10 1 medium fruit = 1 serving									∃K ?				
7. How many servings of fruits & vegetables are you eating a day? 0 1 2 3 4 5 6 7 8 9 10 1 medium fruit = 1 serving 1 cup raw vegetables = 1 serving Body Composition and Exercise: 1. Y N Are you at your ideal weight? Current Weight If no, what is your desired weight? 2. Y N Are you interested in weight management? 3. Y N Do you engage in any cardiovascular exercise (e.g. aerobics, walking, swimming, etc.)? If yes, which activities? Days Per Wk Duration 4. Y N Do you do any form of resistance exercises (lift weights) on a consistent basis? Days per week 5. Y N Do you ever experience pain after exercising? If yes, where? Type of Pain 6. Y N Do you participate in any sports? If yes, which ones? Commitment and Goals: 1. On a scale of 1 to 10, what level of stress do you experience daily? 1 2 3 4 5 6 7 8 9 10 2. On a scale of 1 to 10, what is your commitment to making a lifestyle improvement? 1 2 3 4 5 6 7 8 9 10 3. What are your health goals for the next 6 months?													
Body Composition and Exercise: 1. Y N Are you at your ideal weight? Current Weight If no, what is your desired weight? 2. Y N Are you interested in weight management? 3. Y N Do you engage in any cardiovascular exercise (e.g. aerobics, walking, swimming, etc.)? If yes, which activities? Days Per Wk Duration 4. Y N Do you do any form of resistance exercises (lift weights) on a consistent basis? Days per week 5. Y N Do you ever experience pain after exercising? If yes, where? Type of Pain 6. Y N Do you participate in any sports? If yes, which ones?	э. т IN 7 Ном m	you nav פט nany serving	ne of fru	its & ven	atahles are	s, piease i Voli eatin	n a day?	0 1 2 3	4 5 6	7 8 9	10		
Body Composition and Exercise: 1. Y N Are you at your ideal weight? Current Weight If no, what is your desired weight? 2. Y N Are you interested in weight management? 3. Y N Do you engage in any cardiovascular exercise (e.g. aerobics, walking, swimming, etc.)? If yes, which activities? Days Per Wk Duration 4. Y N Do you do any form of resistance exercises (lift weights) on a consistent basis? Days per week 5. Y N Do you ever experience pain after exercising? If yes, where? Type of Pain 6. Y N Do you participate in any sports? If yes, which ones? Commitment and Goals: 1. On a scale of 1 to 10, what level of stress do you experience daily? 1 2 3 4 5 6 7 8 9 10 2. On a scale of 1 to 10, what is your commitment to making a lifestyle improvement? 1 2 3 4 5 6 7 8 9 10 3. What are your health goals for the next 6 months?	1. 110W II 1 medii	ım fruit = 1	servina	ilo di vegi	raw venet:	; you callir ahles = 1 s	y a uay: ervina	0 1 2 3	4 3 0	103	10		
1. On a scale of 1 to 10, what level of stress do you experience daily? 1 2 3 4 5 6 7 8 9 10 2. On a scale of 1 to 10, what is your commitment to making a lifestyle improvement? 1 2 3 4 5 6 7 8 9 10 3. What are your health goals for the next 6 months? Primary Care Physician Primary Care Physician: Physician Phone #:	2. Y N / 3. Y N 4. Y N 5. Y N	Are you inte Do you eng If yes, whic Do you do a Do you eve	erested in a age in a activition activition activition and activition are activities.	in weight iny cardio es? n of resist ence pair	managem ovascular e ance exercent after exercent	ent? exercise (e cises (lift w rcising? If	.g. aerobi veights) or yes, when	cs, walkin n a consis	ng, swim _Days F stent ba	nming, et Per Wk sis? Day	c.)? Dura s per we	ation eek	
2. On a scale of 1 to 10, what is your commitment to making a lifestyle improvement? 1 2 3 4 5 6 7 8 9 10													
Primary Care Physician: Physician Phone #:		scale of 1 to	o 10, wh	nat is you	r commitm	ent to mak	ing a lifes	tyle impro	ovemen	t? 1 2 3	3 4 5 6		
Primary Care Physician: Physician Phone #:													
Address:	3. What	Care Phyei	rian										
Address: Lity: State:	3. What Primary (_				Ph	vsician Pl	none #:					
Check here if you do NOT authorize this office to communicate with my primary physician about the care I receive.	3. What Primary (Primary C	are Physici	an:			Ph Citv	ysician Pl	none #: _ Sta	te:			-	

C106

Subjective Health Assessment

Name:	Date:
i tarrici	Date:

Please rate the following symptoms that you have experienced during the past 30 days

0 = Never 1 = Occasional and Mild 2 = Occasional and Severe 3 = Often and Mild 4 = Often and Severe

				Head					Heart, Lungs	
0	1	2	3 4	Headache		0 1	2 3	4		
0	1	2	3 4	Faintness				4	Rapid, Pounding Heart Beat	
0		2		Dizziness		0 1	2 3	4	Chest Pain	
		2		Sleeplessness	Total			4	Chest Congestion	
								4	Asthma	
				Eyes, Ears, Nose, Throat			2 3	4	Bronchitis	Total
0	1	2	3 4	Stuffy Nose						
		2		Sinus Trouble					<u>Skin</u>	
0		2		Hay Fever		0 1	2 3	4	Acne	
0		2		Sneezing		0 1	2 3	4	Dry, Scaly Skin	
0		2		Nasal Congestion				4	Hair Loss	
0		2		Swollen Eyes		0 1	2 3	4	Hot Flashes	Total
0		2		Reddened Eyes						
		2		Watery, Itchy Eyes					<u>Digestion</u>	
			3 4	Dark Circles Under Eyes		0 1	2 3	4	Nausea, Vomiting	
			3 4	Earache, Ear Infection			2 3		Diarrhea	
0	1	2	3 4	Ringing in the Ears				4	Constipation	
0	1	2	3 4	Coughing		0 1	2 3	4	Heartburn	
0	1	2	3 4	Sore Throat		0 1	2 3	4	Stomach Pain	
0	1	2	3 4	Hoarseness, Loss of Voice		0 1	2 3	4	Bloating	
0	1	2	3 4	Canker Sore	Total	0 1	2 3	4	Belching, Gas	Total
									-	
				Memory, Emotions					<u>Joints</u>	
_	4	_	2 1	Mood Swings		Λ 1	2 3	4	Stiffness/Lack of Motion	
0	Ι	2 :	3 1	Modu Swings		O I	2 3	•	Summess/ Lack of Thousan	
0	1	2	3 4	Anxiety, Nervousness		0 1	2 3	4	Arthritis	
0	1 1	2 :	3 4 3 4	Anxiety, Nervousness Anger, Irritability		0 1 0 1	2 3 2 3	4 4	Arthritis Pain in the Joints	
0 0 0	1 1 1	2 : 2 : 2 :	3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness		0 1 0 1	2 3	4 4	Arthritis	Total
0 0 0 0	1 1 1	2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression		0 1 0 1	2 3 2 3	4 4	Arthritis Pain in the Joints Pain in the Muscles	Total
0 0 0 0	1 1 1 1	2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory		0 1 0 1 0 1	2 3 2 3 2 3	4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels	Total
0 0 0 0 0	1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion		0 1 0 1 0 1	2 3 2 3 2 3 2 3	4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness	Total
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion Lack of Concentration		0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3	4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue	Total
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion	Total	0 1 0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3 2 3	4 4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue Hyperactivity	_
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion Lack of Concentration	Total	0 1 0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3	4 4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue	Total Total
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion Lack of Concentration	Total	0 1 0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3 2 3	4 4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue Hyperactivity Restlessness	_
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion Lack of Concentration	Total	0 1 0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3 2 3 2 3	4 4 4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue Hyperactivity Restlessness Weight	_
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion Lack of Concentration	Total	0 1 0 1 0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3	4 4 4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue Hyperactivity Restlessness Weight Binge Eating/Drinking	_
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion Lack of Concentration	Total	0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3	4 4 4 4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue Hyperactivity Restlessness Weight Binge Eating/Drinking Craving Certain Foods	_
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion Lack of Concentration	Total	0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3	4 4 4 4 4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue Hyperactivity Restlessness Weight Binge Eating/Drinking Craving Certain Foods Excessive Weight	_
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion Lack of Concentration	Total	0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3	4 4 4 4 4 4 4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue Hyperactivity Restlessness Weight Binge Eating/Drinking Craving Certain Foods Excessive Weight Water Retention	Total
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion Lack of Concentration	Total	0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3	4 4 4 4 4 4 4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue Hyperactivity Restlessness Weight Binge Eating/Drinking Craving Certain Foods Excessive Weight Water Retention	_
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion Lack of Concentration	Total	0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3	4 4 4 4 4 4 4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue Hyperactivity Restlessness Weight Binge Eating/Drinking Craving Certain Foods Excessive Weight Water Retention	Total
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion Lack of Concentration	Total	0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3	4 4 4 4 4 4 4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue Hyperactivity Restlessness Weight Binge Eating/Drinking Craving Certain Foods Excessive Weight Water Retention Overweight	Total
0 0 0 0 0 0	1 1 1 1 1 1	2 : 2 : 2 : 2 : 2 : 2 : 2 :	3 4 3 4 3 4 3 4 3 4 3 4	Anxiety, Nervousness Anger, Irritability Aggressiveness Depression Poor Memory Confusion Lack of Concentration	Total	0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1	2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3	4 4 4 4 4 4 4 4 4 4	Arthritis Pain in the Joints Pain in the Muscles Energy Levels Weakness Fatigue Hyperactivity Restlessness Weight Binge Eating/Drinking Craving Certain Foods Excessive Weight Water Retention Overweight	Total

PATIENT CONSENT FORM

FOR USE AND/OR DISCLOSURE OF PROTECTED HEALTH INFORMATION TO CARRY OUT ANALYSIS, TREATMENT, PAYMENT AND HEALTHCARE OPERATIONS.

I hereby state that by signing this consent, I acknowledge and agree as follows:

1. The practice's Privacy Notice has been provided to me prior to my signing this consent. The Privacy Notice includes a complete description of the uses and/or disclosures of my protected health information (PHI) necessary for the practice to provide analysis and treatment for me, and also necessary for the practice to obtain payment for that treatment and to carry out its healthcare operations. The practice explained to me that the privacy notice would be available to me in the future at my request. The practice has encouraged me to read the privacy notice carefully prior to signing this consent.
2. The practice reserves the right to change its privacy practices that are described in its privacy notice, in accordance with applicable law.
 3. I understand that, and consent to, the following appointment reminders that will be used by the practice: Postcards mailed to the addresses I have provided. Telephoning me at the numbers I have provided and leaving messages for me on my answering machine or with the individual answering the phone.
4. The practice may use and/or disclose my PHI (which includes information about my health or condition, analysis, and the treatment provided to me) in order for the practice to make analyses about my condition(s), treat me, obtain payment for that treatment, and as necessary for the practice to conduct its specific health care operations.
5. I understand that I have the right to request that the practice restrict how my PHI is used and/or disclosed except to obtain payment for treatment provided. However, the practice is not required to agree to any restrictions that I have requested, and I have the right to refuse treatment.
6. I understand that this consent is valid as long as I am a patient in this office. I further understand that I have the right to revoke this consent, in writing at any time for all future transactions, with the understanding that any such revocation shall not apply to the extent that the practice has already taken action in reliance on this consent. If I revoke this consent at any time, the practice has the right to refuse to treat me.
7. I give AlignLife permission to treat me in a room that is not fully enclosed. I am aware that other persons in the office may overhear some of my protected health information during the course of care. Should I need to speak with the doctor at any time in private, I understand the doctor will provide a private room for consultations.
8. The doctor recommends that my spouse be present at my report of findings visit; therefore, I hereby give permission for my protected health information to be disclosed at that time and at any time my spouse contacts the office to check on my status.
9. This office posts a notice for Patient of the Week. If I receive that designation I authorize AlignLife to post my name in the office.
10. I give AlignLife the authority to utilize my name, written or video story and pictures to help educate others. I give AlignLife the rights to use the testimonial in the "Our Patients Speak" testimonial book, our website, diverse web marketing campaigns, print/TV ads and other marketing campaigns to help others understand the different types of problems AlignLife has helped with.
I have read and understand the above statements. I understand that I have the right to refuse to sign this authorization. If I choose to decline signing this consent form, this practice will not treat me.
Patient's Name (Printed)
Patient Name (Signed)
Date:

TERMS OF ACCEPTANCE

When a patient seeks chiropractic care and we accept a patient for such care, it is essential for both to be working towards the same objective. Chiropractic has only one goal: To restore the health potential of the body by removing spinal nerve impingements (called subluxations) which may be contributing or causing certain health condition. To remove the spinal nerve impingement a specific process is used which is called a chiropractic adjustment. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

Although chiropractic has clinically been associated with the reduction of many symptoms and health conditions, we do not offer to diagnose or treat any disease. We only offer to diagnose either vertebral subluxations or musculoskeletal conditions. However, if during the course of a chiropractic spinal examination, we encounter non-chiropractic or unusual findings, we will advise you. Regardless of what the disease is called, we do not offer to treat it. When pressure is removed off a nerve, the nerve will begin to heal and that will increase the function of the muscles, joints and organ systems the nerve supplies. Additional information is provided on our website at www.AlignLife.com.

Sign:

Date:

I have read and understand the information above.

Print Name:

1.

2.

3.

4.

	•	
AUTHORI	ZATION AND ASSIGNMENT C	OF BENEFITS
I authorize the release of any information	on deemed appropriate concer	rning my health condition to any insurance
	it to you of any sum I now or he	reafter owe to your office by my attorney out
	, ,	company obligated to reimburse me for the e or you based in whole or in part upon the
<u> </u>	s against a third party whose ne	egligence may have caused my injury, up to
hereby assign and transfer to you the authorize you to prosecute said action of	cause of action that exists in either in my name or your nan aid claim as you see fit. I und	es to make payment upon demand by you, I my favor against any such company and ne as you see fit. I further authorize you to erstand that whatever amounts you do not personally owe you.
I have read and understand the informati	ion above.	
Drint Nama:	Cian:	Data:

FINANCIAL ARRANGEMENT

Our office has conservative fees and comfortable payment arrangements. We want to make sure that our patients are able to receive the needed care in an affordable manner. If you have insurance coverage, our office will provide the courtesy of billing your insurance company. Although we provide the service of billing the insurance, any payments that are not received from your insurance company within 60 days will ultimately become your responsibility. Although we strive to provide the most accurate predictions in regards to our recommendations there are numerous insurance and healthcare variables that cannot be controlled. I have read and understand the statements above and give the doctor permission to evaluate me. (If under 18, parent or guardian must sign the form).

I have read and understand the information above	9.	
Print Name:	Sign:	Date:

C104

Date: Have you retained legal counsel for this injury? YES NO If yes, give name and address: **INJURY DESCRIPTION** Date present injury was received _____ Time of Injury _____ AM / PM Overtime __ Yes __No Who saw the accident? _____ Title Who reported the accident? _____Title ____ What medical attention was rendered? By whom __ Nurse __ M.D. __ D.O. __D.C. __ Other employee __ Other _____ How did the injury occur? CHIEF COMPLAINT _____ Symptoms Since the injury, are your symptoms ____ The Same ____ Getting Worse **JOB SPECIFICS** If working on a machine, give description ___ Do you use foot or hand levers? __ Yes __ No Do you work overhead? ___ Yes ___ No Do you have to reach? __ Yes __ No Where? ____ Movements on the job: Do you move to your __ Right __ Left __ Up __ Down __ Under __Over Do you pick up or lift ___ Yes ___ No _ If "Yes" how much? _____ How often? _____ From where to where? Do you lift from __ Ground __ Bench __Platform __ Box __ Pallet __ Other (Please Describe) _____ Do you lift in or out of a machine? __ Yes __ No If working at a machine, do you __ Sit __ Stand __ Kneel Is your work environment cluttered? __ Yes __ No If "yes", with what? ______ Is your work area __ Oily __Dirty __ Slippery __ Other _ In your job do you push or pull? ___Yes ___No If "Yes" give specifics Do you use a cart? __ Yes __ No What kind __ Two-wheel __ Four-wheel Condition __ Good __ Bad __ Other Total amount of weight being pushed or pulled on a daily basis ____ **OFFICE WORK SPECIFICS** If your injury has occurred from office work only, please fill out the following: (Give percentage if applicable) Sit at desk Walk Stand Stoop Hold Carry Other Do you operate office machinery? Yes No If "Yes" what type? Do you carrying anything or pick anything up? __ Yes __ No If "Yes" what? _____ If your work is at a desk give specifics of computer and phone positions _____

WORKERS COMPENSATION QUESTIONNAIRE

WORKERS COMPENSATION QUESTIONNAIRE (Page 2)

WORK HISTORY

Give a job description of work performed for each job classification or source of employment for the proceeding ten years
Vas a pre-employment exam performed or required?YesNo Date Doctor
lave you ever applied for Workers' Compensation benefits before?Yes No Date
Reason
Vas there a time loss for work? Yes No
State the degrees of recovery
oid you retain legal counsel for these injuries? Yes No If "Yes" give name and address
PRESENT WORK HISTORY
Vhat is the job classification of your normal job?
Vere you performing your normal job? Yes No What shift were you working?
low long have you been at your present job?Has there been absenteeism caused from job injury?YesN
f "Yes" explain
verage work week Hours Days
low many employees are in the plant? How many employees per shift How many employees do your job?
Oo you like your job? Please explain
Patient Signature Date

Patient Name: _____ Date: ____ Date of Accident: Employer: Address: TO THE PATIENT: It is necessary that your employer sign the following Authorization for treatment and return to our office. If not, you will be responsible for payment. TO THE EMPLOYER: I acknowledge the work related injury of the above named patient. You are authorized to render the appropriate care needed for this injury and we will file the proper forms with our insurance carrier. Authorized By: Date: Telephone # _____ PLEASE RETURN THIS FORM IMMEDIATELY TO: Clinic Name: Attention:

WOKERS' COMPENSATION AUTHORIZATION FORM

C104

Telephone:

Health Care Lien To Attorneys: Patient's Name: Doctor's Name: I hereby recognize a lien in favor of the above doctor for injuries incurred on ______, 20___ and caused by ______, whose address is I hereby authorize the above doctor to furnish you, my attorney(s), with a full report of the case history, examination, diagnosis, treatment and prognosis of myself in regard to the accident in which I was involved. I hereby authorize and direct you, my attorney(s), to pay directly to said doctor such sums as may be due and owing him/her for professional services rendered to me both by reason of the aforesaid accident and by reason of any other bills that are due and owing to his/her office and to withhold such sums from any settlement, judgment or verdict as may be necessary to adequately protect said doctor. I hereby further give a lien on my case to said doctor against any and all proceeds of any settlement, judgment or verdict which may be paid to you, my attorney(s), or myself as the result of the injuries for which I have been treated or injuries in connection therewith. I fully understand that I am directly and fully responsible to said doctor for all professional bills submitted by him/her for services rendered to me and that this agreement is made solely for said doctor's additional protection and in consideration of pending payment. I further understand that such payment is not contingent on any settlement, judgment or verdict by which I may eventually recover said fee. Patient's Signature: _____ Date____ Patient's Address: City: ______State: _____State Telephone **Attorney(s):** Please sign, date, and return this document to the doctor's office named above. The undersigned being attorney(s) of record for the above patient does hereby agree to observe all of the terms and conditions of the above lien and agree(s) to withhold such sums from any settlement, judgment or verdict as may be necessary to adequately protect the said doctor named above. Attorney(s)

C104

Signature: Date: